

Saint-Raphaël

Tourist guide 2013

Tourist and congress office****



www.saint-raphael.com

Une destination
ESTÈRE CÔTE D'AZUR

GB

TOURIST AND CONGRESS OFFICE****

99 quai Albert 1^{er} - BP 210
83702 Saint-Raphaël Cedex
Tel. 33 (0)4 94 19 52 52 . Fax. 33 (0)4 94 83 85 40
information@saint-raphael.com www.saint-raphael.com

Opening times :

Monday to Saturday 9am to 12.30pm and 2pm to 6.30pm
Sundays and bank holidays: opening times according to season
July and August: Monday to Saturday 9am to 7pm and Sunday
9.30am to 12.30pm and 2.30pm to 6.30pm

AGAY TOURIST OFFICE

Place Giannetti 83530 Agay
Tel : 04 94 82 01 85 Fax : 04 94 82 74 20
info@agay.fr www.agay.fr

Opening times :

Winter – 9am to 12pm and 2pm to 6pm (closed on Saturdays
and Sundays). Summer – Everyday 9.30am to 12.30pm and
2.30pm to 6.30pm



facebook.com/saintraphael.tourisme



twitter.com/StRaphael_Var



The Tourist Office of Saint-Raphaël is an official "Tourisme & Handicap" centre and caters for the physically disabled and those with learning difficulties. Ask one of our advisors for more information.



Tourism Quality Logo: "Qualité Tourisme"™ is a national umbrella brand introduced by the State Secretary for Tourism. It unites the rigorous quality processes put in place by tourism professionals with the aim of ensuring quality service and customer satisfaction, specifically in the following 6 areas :

- information and communication
- a personalised welcome
- competent personnel
- comfort
- cleanliness
- promotion of local resources.



Pavillon Bleu Logo: This eco-label is awarded to organisations who strive to increase awareness of environmental issues: water quality, hygiene, equipment, safety, minimising pollution...

Une destination

ESTÉREL CÔTE D'AZUR

**A BOOKING OFFICE FOR THE ESTEREL & CÔTE D'AZUR REGION
Accommodation – Leisure and Entertainment – Holidays – Weekend Breaks**

72 rue Waldeck-Rousseau - 83700 Saint-Raphaël

Open Monday to Saturday from 9am to 12.30pm and 2pm to 6.30pm
July and August: Open 7 days a week from 9am to 7.30pm
Sundays and Bank Holidays: Opening times according to season

Tel. + 33 (0)4 94 19 10 60 . Fax. + 33 (0)4 94 19 10 67
reservation@esterel-cotedazur.com
www.esterel-cotedazur.com



ACCESS

By car : From the A8 motorway take exit n° 38 "Fréjus/Saint-Raphaël", direction Saint-Raphaël. **Traffic Information by Bison Futé : 08 26 022 022**

By train : Twenty trains (TGV) daily linking Paris and Saint-Raphaël (summer only). Journey takes 4 hours and 45 minutes.
For journeys throughout the region: Fréjus, Boulouris, Le Dramont, Agay, Antheor and Le Trayas are linked by a frequent service to Nice, Monaco, Vintimille, Toulon, Marseille, Aix-en-Provence, Avignon, Gap and Briançon.

For information on train services in the PACA region (times, prices and special offers) : www.ter-sncf/paca



Contact TER : 0 800 11 4023

(free from landlines)

By plane :

- Nice Côte d'Azur international airport. Tel. 0820 423 333
- Marseille airport. Tel. 0442 141 414
- Toulon/Hyères airport. Tel. 0825 018 387

By bus :

- Nice airport shuttle bus. Tel. 0494 760 229
- Airport transfer services (see "Useful Information" page)
- Bus and coach station. Tel. 0494 838 763
- Port. Tel. 0494 951 746

Distance from Saint-Raphaël :

Nice – 60km/37 miles (1h), Cannes – 41km/25 miles (45 mins),
Marseille – 160km/99 miles (2h), Toulon – 93km/56 miles (1h),
Saint-Tropez – 38km/24 miles (45 mins in low-season),
Monaco – 95km/59miles (1h 15mins)



OFFICES DE TOURISME

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To scan these QR codes, download the free app from the App Store or the Play Store (e.g i-nigma) onto your mobile.





UN *village club* PENSÉ POUR *tous*
ET SURTOUT POUR *chacun*

CAP ESTEREL

- location d'appartements - hôtel
- espaces aquatiques - spa - golf - tennis
- clubs enfants - école de cirque
- séminaires - incentives - restaurants - commerces.

villagesclubs-pierreetvacances.com
CAP ESTEREL - 83530 - AGAY
04 94 82 50 00 - info@capesterel.com

Pierre & Vacances
villages clubs

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Let's go for a stroll...

Explore the narrow, shady streets of the old town. Stop to have a look around the 12th century Romanesque church, which also houses the archaeological museum. Climb to the top of the tower to enjoy superb views over the bay. Head to the Port and watch the fishermen at work. Wander along the beaches and head on to the marina of Santa Lucia. The town became a popular seaside resort in the 19th century and a casino and many opulent villas were built at this time.



Interactive digital tour of the Archaeological Museum

The museum provides iPads and iPod Touch free of charge. The interactive and complimentary information (videos, interviews, photos, visitor support) showcases the key exhibits of the three areas: prehistory, marine archaeology and medieval.

This interactive material is also available on smart phones by scanning the QR codes throughout the museum. Visitors can use the app from the top of the medieval church tower to discover Saint-Raphaël's landscape and to get additional live information.

- **Open Tuesday to Saturday** : 9am to 12pm and 2pm to 6pm
- **Closed** : Sundays, Mondays and bank holidays. Free entry.



Guided tours available by appointment : 3 € free for under 12's

Tel. 04 94 19 25 75 - Place de la Vieille Eglise
www.musee-saintraphael.com

Suggested tours of the town centre

1 - 12th century Romanesque church : with 12th century ramparts and a 14th century tower. Bas-relief from the Middle-Ages and Carolingian crypt. Panoramic view from the 22m high tower. Historical monument.

- Prehistory and Marine Archaeology Museum :

Houses local heritage and prehistory collections as well as Roman remains from marine archaeological excavations.

- Tuesday to Saturday : 9am to 12pm and 2pm to 6pm
- Closed Sundays, Mondays and Bank Holidays
- Tel. 04 94 19 25 75 – Place de la Vieille Eglise

2 - Napoleon's Pyramid : A small monument to commemorate Napoleon Bonaparte's landing in October 1799 on the return from his Egyptian campaign.

3 - Notre-Dame de la Victoire Basilica : Built by Pierre Aublé between 1882 and 1889. It represents the Romano-Byzantine style that was popular in the Belle Epoque.

4 - Hotel Excelsior : This Palladian style villa is the work of Pierre Aublé.

5 - Félix Martin Memorial : The Mayor of Saint-Raphaël from 1878 to 1895 is known as the "creator of Saint-Raphaël" for the impetus he gave to the development of the town during the Belle Epoque.

6 - Promenade des Bains : This promenade was built between 1880 and 1882 and was called the "Terrasse des Bains". It marks the beginning of the tourist era of Saint-Raphaël, along with the casino and the Bains Lambert.

7 - Rue Charles Gounod : It was here in Saint-Raphaël, in his villa "L'Oustalet dou Capèlan" on avenue du Touring Club, that Charles Gounod composed his opera "Roméo et Juliette". It was his "Ave Maria" that was chosen for the inauguration of the Notre-Dame de la Victoire Basilica.

8 - Alphonse Karr Monument : This famous writer came to live in Saint-Raphaël in 1865. He is credited with having put Saint-Raphaël on the map. It's thanks to him that this small fishing port attracted so many literary men, such as Hugo, Lamartine, De Nerval and Dumas.

9 - Résidence Le Méditerranée : These remarkable Victorian-inspired holiday apartments opened in 1914 as "Hôtel de la Plage".



10 - Villa Roquerousse : Built in 1900 this villa takes its inspiration from the "villas niçoises" of the Belle Epoque. The exterior of the villa is decorated with flowers and plants and the small urban garden is looked after by the owner.

11 - Jardin Bonaparte : This large 20,000 m² garden overlooks the bay and the port. In the centre there is a square with a children's playground.

Suggested tours

Belle Epoque villas and megaliths :
free guide available at the Tourist Office

LE MÉDITERRANÉE

RÉSIDENCE DE TOURISME
EN BORD DE MER
AU CŒUR DE LA VILLE



1 Avenue Paul Doumer - 83700 SAINT-RAPHAËL
Tél. 04 94 82 10 99 - Fax. 04 94 82 10 74
www.lemediterranee.fr



Through the gardens...

Bonaparte

Located between the sea and the port, this 20,000 m² landscaped garden overlooks the bay. A place for strolling, playing and cultural events. Concerts are held in the agora and exhibitions are organised on the landscaped area. There is also a play area for children.



Ile Verte

The Ile Verte botanical gardens were created in 2006 by landscape gardener, Jean-Jacques Linck. This 4500 square metre exuberant Mediterranean garden is enhanced by green areas and flower beds bursting with botanical treasures.

In the middle, a pond with a waterfall is home to carp and goldfish, aquatic plants, water lilies and lotus flowers. Shows and concerts are held in the small amphitheatre at the bottom of the gardens.



Beaurivage

Beaurivage is a unique place to stroll, completely open onto the sea with large green spaces to relax in. The area includes an open-air snack-bar and children will love the play area, mini car track and mini-golf. It's also the departure point for many water-sports and is an ideal place for windsurfers with an adapted car park.

... along the harbourside.



The Saint-Raphaël harbour authorities are responsible for the following ports and harbours :

Tel. 04 94 17 15 57 - 06 60 57 79 94
dejs@ville-saintraphael.fr



The Old Port

Harbour Master : Tel. 04 94 95 11 19
capitainerie@ville-saintraphael.fr
VHF Canal 12.

Saint-Raphaël has exciting plans for the Old Port and the sea-front promenade. This redevelopment will include access for yachts and will be a real tourist attraction with a new fisherman's market, panoramic restaurant, shops and an underground car park.



Var marine weather forecast : 08 92 68 08 83 www.meteofrance.com



Port Santa Lucia

Santa Lucia is the third largest marina of the Riviera.
The Palais des Congrès, next to the marina, hosts many exciting events.

Harbour Master : Tel. 04 94 95 34 30
port-santa-lucia@orange.fr www.port-santa-lucia.com
Naval affairs Tel : 04 94 46 92 00 (Toulon)
Customs : Tel. 04 98 03 22 41 (Toulon)
Port capacity : 1630 quay and pontoon berths.



Agay harbour

The little port of Agay lies at the mouth of the River Agay and welcomes small pleasure boats from 1st May to 30th September.

Harbour Master : Tel. 04 94 82 74 22
port.agay@ville-saintraphael.fr
Port capacity : 179 berths (21 on the river)

Controlled anchoring in Agay bay

Boats anchor to an underwater rope held in place by a float. This system protects the marine plant, Posidonia and enables 123 boats to moor.

Tel. 04 94 17 15 57
ancreavis@ville-saintraphael.fr



Boulouris Port

Tel. 04 94 40 49 96

Poussai Port

Tel. 04 94 82 71 31



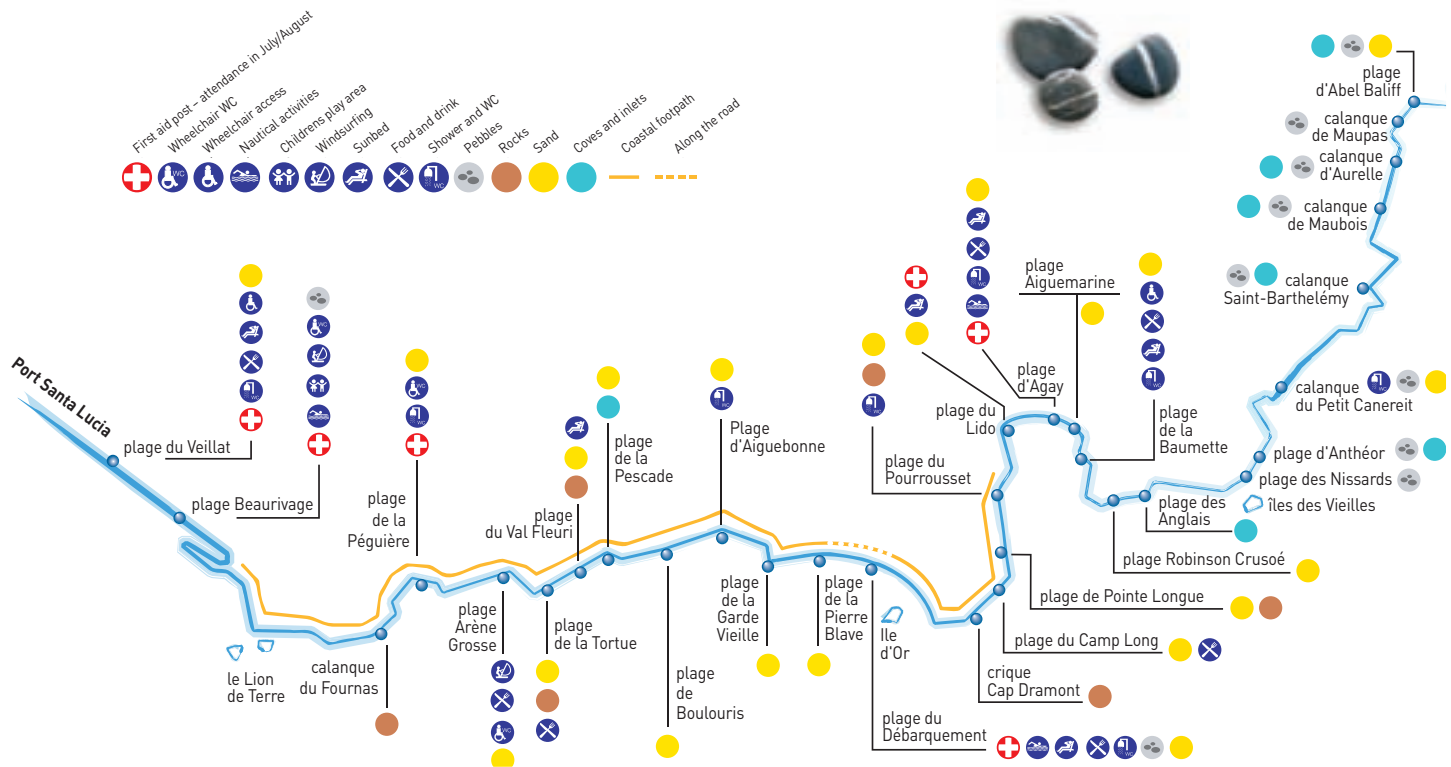
*Un air doucement iodé
arrive du large,
la mer scintille sous vos yeux...
**VOUS ÊTES
À L'EXCELSIOR.**
Une exote marine et raffinée
au cœur de Saint-Raphaël
face à la mer.*



HÔTEL EXCELSIOR SAINT-RAPHAËL . RESTAURANT BAR BRASSERIE . T. +33 (0)494950242
Promenade du Président René Coty . 83700 SAINT-RAPHAËL . www.excelsior-hotel.com

Along the coast

Saint Raphaël's 36 km of rugged coastline offer a wide choice of beaches: fine sand, pebbles, shady shores, creeks and coves.



The coastal path

Length : 4 ½ hours (one-way)

Departure point : Santa Lucia Marina

How to get there : By car, take the coastal road towards Agay and park in the marina car park. Go to the boatyard and there you will see a wooden sign signalling the start of the coastal path.

Itinerary : Take the path (yellow markings). It runs between the sea and the Esterel massif. After about

20 minutes you will have to move onto a different path that runs alongside the coastal path in order to avoid a small bridge that collapsed in 2010. Return to the coastal path at the Calanque du Fournas. 6km further on, after Pierre Blave beach, go onto the road and continue to the Plage du Débarquement where you can get back onto the coastal path which ends on Pourrousset beach. You can get back to Saint-Raphaël by public transport (bus numbers 8 and 5 or by the regional express train).

The beaches of Boulouris - l'Île d'Or - the Dramont

- Boulouris' nine intimate beaches are typical of the coves of the Esterel. Red rock acts as a natural boundary for each beach and its small port has space for 60 boats.
- The small island of **L'Île d'Or** has been in private hands since 1897. Many sumptuous receptions have been held here and past owners have even proclaimed themselves king of the island! Its square watch tower was built using the famous Esterel red rock.
- **The Cap Dramont** is part of the Esterel national park forest. At the top of the Cap Dramont is the Semaphore, built in 1860 on the ruins of a watchtower dating back to 1562. This watchtower is still used today for marine surveillance. The large beach of the Dramont was one of the major World War II landing sites in Provence. On 15th August 1944 20,000 American troops from the 36th Texas division landed here. The small picturesque fishing harbour, the Poussai, is at the foot of the cape.

 *The nearest stations are Boulouris and Dramont.*



Bathing water quality :

A long-term approach: With the "Qualité des Eaux de Baignade" accreditation, Saint-Raphaël protects the health of bathers during the summer season.



The Bay of Agay

Agay is one of the region's most beautiful bays, located between Cap Dramont and the Baumette, it is a natural gateway to the Esterel massif. There are three sandy beaches. In the past the bay was favoured by sailors thanks to its naturally sheltered position (Agay means "favourable" in Greek).

 **The closest railway station is Agay.**



The coves of Anthéor - le Trayas - la Corniche d'Or

There are several unspoilt coves and small beaches at the foot of the Esterel massif. The steep streets of Le Trayas lead upwards to one of the most breathtaking panoramas of the region. The coastal road, carved into the rocks, links Saint-Raphaël and Cannes. It was opened in 1903 by the Touring Club de France.

 **The closest train stations are Anthéor-Cap-Roux and the Trayas**



Belambra clubs

"LES CHÊNES VERTS"

*Les Clubs Belambra,
la Formule idéale pour partir
en vacances en famille.
"Les pieds dans l'eau"*

3235 Route de la Corniche
83700 Saint-Raphaël
Tél 04 94 82 18 00 Fax 04 94 82 19 99

Centrale de Réservation
Tél. 0 825 808 808 (0,15 € ttc la mn)
www.belambra.fr

Interactive digital walks



Shores and creeks is a digital route which follows the coastal path covering 51km from the Trayas to the Issambres. Wherever you are in Saint-Raphaël, Fréjus or Roquebrune-sur-Argens find interactive local information (history, nature, leisure activities, services...) on your mobile. Text "littoral" to 31767 (normal text price). www.littoral-esterel.com



Dramont wildlife

the interactive digital environmental trail. Get interactive information straight to your mobile about the Cap Dramont, fauna, flora and geology all along this path which runs from Camp Long to the Poussai forest house.

The QR codes are fixed onto rocks so that they blend into the landscape. At the Batterie viewpoint you can access information by scanning the QR "skycode" (winner of the ICONA D'OR national innovation trophy). This interactive digital nature walk runs through a protected natural site and is unique in France, it is part of the "Shores & Creeks" interactive digital route.

To scan these QR codes download the free app from the App'Store or Play Store onto your mobile, e.g "i-nigma".

On the waves

Cap Roux marine nature reserve:

The largest marine nature reserve in France. This 445 hectare reserve is an ideal place for fish reproduction thanks to its biodiversity. The zone is part of Natura 2000. All types of fishing are prohibited (professional, amateur, sea-urchin, harpoon, line...)



Water sports resort

Quality water sports centre



Saint-Raphaël has been an accredited water sports resort (France station nautique) since 1997. This quality accreditation is awarded to towns that ensure the safety of water sports participants and the protection of the environment. Our organisation coordinates a pilot committee representing the different water sports activities : **diving, sailing, windsurfing, jet skiing, canoeing and kayaking, jousting, water-skiing, boat trips**, as well as boat dealers, boat rental organisations, boat yards, the naval police, maritime affairs, the fishing industry, the tourist office and local M.P's. Along the 30km of Saint-Raphaël's coastline there are supervised areas dedicated to : swimming, scuba diving, water-skiing, sailing and windsurfing.

Port Santa Lucia bd Général de Gaulle - Tel. 04 94 95 77 64
www.station-nautique.com



Fishing Trips



This 3 hour trip (approx) with a professional fisherman gives you the chance to share his passion for the profession, learn about marine life, the management of fish stocks and the secrets of this age-old practice. From 1st July to 30th September there are two trips per week (weather dependant) – an hour before sunrise until about 8am (depending on the type of fishing) or from 4pm to 7pm. Departure: Old Port of Saint-Raphaël. Price: 60€. Children from 12 years accepted when accompanied by an adult. 2 people per trip maximum. Bring slip-resistant shoes. The fisherman reserves the right to cancel the trip up to 48 hours before departure if bad weather is forecast.

Bookings : Centrale de réservation "Estérel - Côte d'Azur"
Tel. 04 94 19 10 60 reservation@esterel-cotedazur.com



PELAGOS SANCTUARY PARTNERSHIP CHARTER

Protecting marine mammals.

The PELAGOS Sanctuary covers a marine area of 87,500 km² and is the result of an agreement between Italy, Monaco and France to protect the marine mammals that live there.

By signing the partnership charter Saint-Raphaël is committed to doing all it can to fulfil the objectives: adapt the Sanctuary for the general public, set up new projects and partnerships for the protection of marine mammals, bring together local partners to promote the aims of PELAGOS and increase public awareness of the Sanctuary.



Sailing

Centre Nautique Municipal

The public water sports centre is open to everyone, from complete beginners to advanced level. Optimists, dinghies, catamarans and windsurfs available. Sailing classes for young children and training courses for accredited sailing instruction offered (depending on the time of year).



Port Santa Lucia Boulevard du Général de Gaulle

Tel. 04 94 83 84 50 Fax 04 94 95 40 69 centre.nautique@ville-saintraphael.fr

Club Nautique de Saint-Raphaël

The sailing school of Saint-Raphaël offers sailing lessons from beginner to advanced level: optimist, catamaran and windsurf. Organisation of regional, national and international regattas. Individual lessons and equipment hire.



Open year-round. Base Nautique de Santa Lucia Boulevard du Général de Gaulle

Tel. 04 94 95 11 66 cnsr83@wanadoo.fr www.cnsr.fr

Wind Club d'Agay

Catamaran lessons for adults and children aged 7 years and above. Wind surfing lessons for adults and children aged 10 years and above. Individual lessons. Storage. Catamaran and windsurf hire.



Accredited "Ecole Française de Voile". Open year-round except January.

Complexe Nautique - D559 - Agay Tel. 04 94 82 08 08
<http://wica.cabanova.fr>



Sailing schools

Permis bateau

The first ever sailing school in the Var region offers boating licence courses (inshore and ocean-going) and VHF certification courses. The training material used is identical to that used in the exam. Training and exam: in 5 days during school holidays and on one weekend per month plus bank holiday weekends in low-season. Open year-round.



Pre-booking required. Parking available. Air-conditioning.

Port Santa Lucia Tel. 04 94 83 11 21 / 06 09 46 00 90
o.lacourtablaise@wanadoo.fr www.permisbateau83.com

Sillages Sailing School (all levels from level 0)

Go to sea on a 13 metre sailing boat. Departure from Saint-Raphaël's old port. Since 1979 the sailing school has been offering training for all levels including hands-on experience of all sail and motor manoeuvres.



Mini-cruise (leisure or training) 3 days and 3 nights with on-board accommodation (all levels). Individual lessons. Boat rental with skipper.

Accredited "jeunesse & sport". State-qualified instructor. National school. Professional merchant navy skipper.

Tel. 06 10 27 13 83 francois.midol@sfr.fr



Canoe • Sea Kayak • Pedalboat

Sud Concept

One and two place sea kayak rental at Dramont beach (1, 2 or 3 hours). 4 person pedal boat hire (by hour or ½ hour). Stand up paddle board rental (1h, 2h or 3h). Sun loungers available (½ day or full-day). Open from 1st July to 31st August. Open for groups year-round (on request).

Plage du Dramont Tel. 04 94 52 40 40 sudconcept@dupratconcept.com

Base Nautique Municipale d'Agay

The public water sports centre is open from the Easter holidays to October half-term (15/06 to 15/09 - Everyday). Beginner's sea-kayaking during the school holidays and every Wednesday. Summer courses for 8 to 13 year olds. Rental by the hour or half-day (01/06 to 30/09). Supervised groups (pre-booking required).

Plage de l'Escale 83530 Agay - Tel. 04 94 82 71 42 base-agay@ville-saintraphael.fr



Swimming

Stade nautique

This 6,900m² sports centre includes :

- A 50m Olympic pool
- A 25m learners' pool
- A play pool with water games for young children

• A physical training room for athletes
• A spa area with 2 saunas, 2 Turkish baths, 2 spas and a relaxation room
The following activities are offered: individual lessons, aqua-aerobics for adults, aqua-aerobics for senior citizens and summer courses. Rental of swimming lanes or pool for sports programmes. Open year-round.



Open year-round. Wheelchair accessible including a poolside chair lift and shower wheelchairs.

Boulevard de l'Europe Tel. 04 94 52 18 96





Parascending • Water-skiing Water sports activities

Fun ski school



Parascending. Come and fly with Denis in the protected area of the Bay of Agay and the Esterel. Spectacular!! No age limit, 1 to 5 people together, hands free, no vertigo, take-off and landing on the boat, 100% safe.

Everyday from May to October..

Tel. 06 07 08 17 17 www.funskischool.com denis.delorme.06@gmail.com

Slide water camp



Water-skiing, wakeboarding and water sports school located near the centre of Saint-Raphaël. 3 state-qualified instructors, 1 boat for wakeboarding complete with sound system.



Lessons for beginners from 5 years and upwards. Water sports activity specialists: inflatables, tubing, banana boat, scrambler sea kayak, tornado and sonar. New tow tube inflatables every year! Groups welcome. Open mid-June to beginning of September.

Beaurivage beach (behind the mini-golf 100 metres from Veillat beach)
Tel. 06 09 84 23 41 / 06 65 33 74 96 franck.dauzac@orange.fr



Provençal jousting

Agay-Nautique



The club was established in 1953 and ever since the jousts of Agay have been meeting regularly from May to September for training sessions, exhibitions, tournaments and championship and French Cup games.

Espace Agay-Nautique rivière de l'Agay Tel. 04 94 82 01 49 / 06 60 06 15 82

Les Joutes Raphaëloises



The jousting club of Saint-Raphaël organises provençal jousting tournaments and training sessions on boats and optimists for children, teenagers and adults. It is the top-ranking jousting club in France. Its open-days are extremely popular with young people and groups. Please don't hesitate to contact us. Open from 1st April to 31st October.

Events take place at : Old port, Santa Lucia marina, Boulouris port and Veillat beach
BP. 145 - 83700 Saint-Raphaël Tel. 04 94 85 25 74 / 06 09 77 89 67
E-mail : olivier.balderiotti@wanadoo.fr



Sea and fresh water fishing

JC. Pêche

Jean Christophe, professional fishing guide, offers open sea fishing trips and coast fishing. Fishing with live bait and lures. Several options available: discovery, initiation, advanced and guidance on your own boat.

Open all year depending on weather conditions. Techniques dependant on the season. Fishing zones : Agay, Saint-Raphaël/Fréjus, Saint-Aygulf.

Tel. 06 13 52 86 29 jcpeche@hotmail.fr

Verdon Estérel pêche



A professional fishing guide will instruct you in fishing techniques and accompany you to the best fishing sites of the region. ½ day beginner lessons for children around the lakes of the Esterel. Fly-fishing tuition.

Shore fishing, lake and sea fishing from either a boat or an inflatable "float tube". Open year-round (weather dependant). Esterel massif, Fréjus, Saint-Raphaël and Verdon.

Tel. 06 07 14 51 14 verdonpeche@yahoo.fr <http://verdonpeche.free.fr>




ESTEREL
CARAVANING
SAINT-RAPHAËL - FREJUS - VERDON



Le 1er Camping 5 étoiles de la Côte d'Azur !

En plein coeur du Massif de l'Esterel, à 3 km de la
plage de sable d'Agay, réservez pour vos week
ends, vos vacances ou vos séminaires !

www.esterel-caravaning.fr





Scuba diving & snorkelling

Club sous l'eau



2 boats plus 1 safety boat. State-qualified instructors. Trips guaranteed in all weathers. First-time divers, beginners and experienced divers welcome (tailor-made dives). Diving for children. All PADI and FFESSM certificates available. Teaching courses run by highly-qualified instructors. Themed dives: shipwrecks, nitrox, photos, depths and snorkelling trips. Open all year: April to mid-November and on request from mid-November to end of March.

Port Santa Lucia Tel. 04 94 95 90 33 - 06 89 66 45 97
jpmarin@wanadoo.fr www.clubsousleau.com

Club de plongée d'Agay



Diving in Agay? Why not? The Agay diving club offers everything you would expect but with a touch of something extra. Come and find out for yourself!

483, Route de Gratadis - Agay Tel. 04 94 82 02 03 / 06 63 28 80 40 www.agay-plongee.com

Euro-Plongée



Qualified instructors. 3 fully-equipped boats. First-time dives, diving trips, courses, qualifications, and snorkelling. Groups can be catered for year-round on request. Nitrox centre. Open from March to the end of November.

2170, route de la Corniche - Port de Boulouris Tel. 04 94 19 03 26 / 06 09 18 53 74
contact@europlongee.fr www.europlongee.fr

Ecole de plongée Ile d'Or



A diving centre and school with an international and relaxed atmosphere. First time dives every day plus snorkelling. Groups welcome. ANMP and CMAS training for all levels in French, English, German and Italian. Night diving and wreck diving. Filling station. Open from March to November 9am to 7pm.

Camping Campéole - 986 Bd du 36^{ème} Division du Texas 83530 Agay (Dramont)
Tel. 04 94 82 73 67 - 06 27 13 17 96 prambow@aol.com www.dive.fr

Aventure Sous-Marine



Try scuba diving for the first time, hone your skills or simply explore the depths of the Esterel Parc with Didier, state-qualified instructor. All levels welcome (air, nitrox, trimix) at this small, friendly school. ASM is a great choice for children thanks to their wealth of experience in child-friendly diving. Open everyday from Easter to the end of September. Dives leave at 8.45am and 2.30pm.

Galerie du parvis - 165 Quai Albert 1^{er} Tel. 06 09 58 43 52
aventuresousmarine@hotmail.com www.aventuresousmarine.fr

Centre de plongée du Dramont



Diving lessons from beginner level to instructor level and first-time dives for children and adults. Diving trips and equipment rental. Filling station. Open year-round.

Snorkelling: Snorkelling is all about exploring and respecting the marine environment. From the surface you will marvel at the beauty and wealth of the Mediterranean's shallow sea beds. You will learn how to recognise different animal and plant species using the guide material provided.

Le Dramont Tel. 04 94 82 76 56 / 06 99 48 39 00
contact@cip-dramont.com www.cip-dramont.com

Agathonis plongée



State-qualified instructors, "Jeunesse et Sports" accredited diving centre, FFESSM and PADI affiliate. We offer diving trips, training and first-time dives (afternoons only July/August). Open from 01/03 to 05/11.

Located in the camp site Camping les Rives de l'Agay - Agay Tel. 06 16 16 20 96 / 04 94 51 15 03
agathonis@orange.fr www.agathonis-plongee.com



Boat trips • Mini-cruises

T.M.R. Les Bateaux de Saint-Raphaël



Departures from the Old Port to the following destinations: St-Tropez, Iles de Lérins (Sainte-Marguerite), Calanques du Massif de l'Estérel (the coves of the Esterel massif). Unmissable night-time trips (Son et Lumière) to watch the firework displays. Open from April to October. Pre-booked groups of 40 persons minimum accepted from November to March.

Gare maritime, Quai Nomy - Vieux Port Tel. 04 94 95 17 46
contact@bateauxsaintraphael.com www.bateauxsaintraphael.com

Capitaine Nemo - Glass-bottomed boat



The boat leaves from Agay harbour for a 50 min trip to discover the beauty of the under-water flora and fauna of the Cap Dramont.

Motor boat mini-cruises to the coves of the Esterel Massif, the Iles de Lérins (Sainte-Marguerite) and St-Tropez. Open April to September

Port d'Agay : Tel. 04 94 82 71 45 contact@bateauxsaintraphael.com
www.bateauxsaintraphael.com

Bleu sauvage location

Sailing trips with a qualified skipper on 12 and 14 metre sail boats. Full-day, half-day and sunset trips: Estérel, Lérins, St-Tropez, Cap Taillat (optional extras - barbecue, night at sea, fireworks), sea mammal watching. Longer trips : Porquerolles nature reserve, Port-Cros, Corsica, St-Florent, Scandola, Lavezzi Islands. Sailing school and skipper training. From 3 to 9 persons. Open Easter to end of December.

Quai Nomy - Vieux Port Tel. 06 11 64 40 94
bleusauvage@voila.fr www.bleusauvage.site.voila.fr

HouseBoat

Discover the hidden secrets of the Riviera...secluded coves, the canals of Port Grimaud, the magnificent Bay of Agay and the Iles de Lérins aboard the legendary Grand Banks 50. Skipper and fuel included. Comfortable boat for up to 8 people with large outdoor area. Enjoy sunbathing, relaxing, swimming, exploring the coastline and snorkelling. Daily and weekly rental. Other boats and services available. Open year-round.

Port Santa Lucia Tel. 04 94 56 16 59 - 06 63 78 76 26
contact@houseboat-info.com www.houseboat-info.com

AMC Croisières



Half-day and full-day catamaran trips. Cocktails and dinner at sunset and water sports (kayaking, snorkelling and swimming).

Groups welcome. Open year-round.

Tel. 09 75 39 89 71 - 06 24 71 86 19 info@amcazur.com www.amcazur.com



Côté Mer

Modern 12m monohull – Sailboat and professional crew. Year-round sailboat outings towards Saint-Tropez or the coves. Friendly, hands-on atmosphere guaranteed by the small number of participants – stops for swimming and aperitif. Morning – Afternoon – Sunset – Full day. From 30€. "Côté Mer" can be hired with its skipper from 250 € /day depending on length of rental and period (year round except July and August).

Tel. 06 77 12 77 85 yvangombert@orange.fr www.cotemer.com

Sea Safari

Sea, Sun & Fun! Estérel coves, Cannes (Lérins Islands) or Saint-Tropez, on a large semi-rigid (zodiac ®) pro. Comfortably-seated on your jockey seat, your skipper will take you close to the coastline in safety. Discover local curiosities, caves, small islands and narrow passages. Stops for swimming and walks. Departure for minimum 6 persons (possibility of putting groups together), max 10 persons. Set route or rental (sea taxi, private or corporate groups). Open from April (Easter) to October (half-term holiday).

Tél. 09 71 52 41 80 - 06 21 78 20 54 sea.safari@gmail.com www.seasafari.eu



Beat rental • Jet skiing

Team Yachting

Tell us what you really want. Our tailor-made service will make your weekend or holidays unforgettable..

Tel. 04 94 175 234 contact@teamyachting.com www.teamyachting.com

Sud Est Nautic

Full-day and half-day boat hire (licence and licence-free). 15th June to 15th September.

Departure : Agay river - Tel : 04 92 97 72 25 / 06 03 51 40 77 sudestnautic@live.fr www.sud-est-nautic.com

Bateau Loc - Boat Rental (licence not required)



Discover the joys of a trip out to sea aboard a 3m50 inflatable zodiac for up to 5 adults (2 children = 1 adult).

All our boats are equipped with a two stroke 6 horsepower engine and you are permitted to go up to 2 nautical miles (2.3 miles) from a mooring point. Fuel is included in the price. Hourly, half-day and full-day rental available. We also rent inflatable boats requiring a licence. Open year-round.

Tel. 06 69 07 86 51 contact@bateauloc.com www.bateauloc.com

Bateau sans permis



Half-day licence-free boat rental (4 people max per boat). Rigid boats, no sun screen, equipped with new 6 horsepower engine. Ideal for fishing trips and trips around the coves of the Esterel massif. Don't forget to bring food, water and a hat. Pre-booking required. Open everyday from April to October 9am to 7pm.

Berge de la rivière de l'Agay Tel. 06 67 24 89 92 nicolas-escoffier@hotmail.fr

Jet ski



Tours between Agay and Cannes supervised by state-qualified instructors. Discover the red rocks of the Riviera's rugged coastline. Tours to Saint-Tropez (advance booking required). Individual lessons for children under 16 years when accompanied by a parent (pre-booking required). First time tours for children (minimum height 1m20). Driving permitted from 16 years (parents must be present and proof of identity required).

Open from April to October everyday 9am to 7pm and from October to April for advance bookings only.

Berge de la rivière de l'Agay Tel. 06 67 24 89 92 nicolas-escoffier@hotmail.fr

Formule Boat Services

Boat hire (licence required) and boat trips: For families or friends who fancy a sun-drenched day discovering the coastline, the magnificent coves and the crystal clear waters.

Port Santa Lucia Tel. 06 22 50 53 69 www.formuleboatservices.fr

Allez-y en bateau!

Les Bateaux de Saint-Raphaël

NAVETTE SAINT-TROPEZ
 Les Calanques de l'Estérel
 Ile Sainte-Marguerite
 Vision Sous-Marine (Agay)
 Ile de Porquerolles
 Réserves Naturelles

RENS. 04.94.95.17.46 - www.bateauxsaintraphael.com - Gare Maritime - Vieux Port de St-Raphaël

Book your leisure activities

at the Tourist Office



Ask for a free guide!

“Faites le plein de loisirs”

An overview of the 130 leisure activities the region has to offer :

- Water sports for thrills and spills
- Outdoor activities for the adventurous
- Children's activities
- Health & well-being

You can book at the following sales outlets :

- Tourist Office, Saint-Raphaël Tel. 04 94 19 52 52
 - Tourist Office, Agay Tel. 04 94 82 01 85
- information@saint-raphael.com www.saint-raphael.com

Fun & Games

Have fun & discover the region

Fancy having some fun with your family and friends and discovering sites of culture and nature in Saint-Raphaël and Pays de Fayence?

Free games available all year-round. Maps available from the Tourist Offices or at www.esterel-cotedazur.com

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“Enigmes et secrets grandeur nature” Life-size puzzles and secrets Saint-Raphaël then Pays de Fayence

A giant eco-tourism rally where you will discover the magnificent, but sometimes little-known, sites of Saint-Raphaël and the Pays de Fayence. 2 linked trails will guide you to the final mystery phrase... You will be asked to take a photo of the final destination so don't forget your camera! Open to all. Bring comfortable shoes.

Length : 1 day



“Trésors en Pays de Fayence” Pays de Fayence Treasures

Callian, Fayence, Mons and Seillans

A cultural treasure trail through four beautiful perched villages of the Pays de Fayence region. Four linked trails will lead you to the hidden treasure... Open to all.

Length : 2h approx

Smartphone game Saint-Raphaël sea-front



Part of the “life-size puzzles and secrets” rally covering the trail of Saint-Raphaël for those who own an I-Phone or Android... Discover dazzling sites along the sea-front by following clues and solving puzzles. Download the “Piste et Trésor” app then access the “Saint-Raphaël” game at the Appstore or Google market. Open to all.

Length : half a day



“GPS Aventure®” treasure trail Saint-Raphaël and Pays de Fayence

Your mission : find hidden treasure in the big outdoors by following GPS coordinates.

A choice of 13 fun trails: a mix of a treasure trail and orientation race on a mobile GPS device. Little presents which have been left by past treasure hunters await you once you have discovered where the treasure is hidden. Don't forget to bring along a little object of your own to leave behind for the next treasure hunters... Open to all. Bring comfortable shoes. GPS mobile device rental available in all Tourist Offices of the region and at the Centrale de Réservation Estérel-Côte d'Azur. Rental : 5€ half-day or 10€ full-day.

Length : 2h approx

The Esterel Massif

Nestled between the Mediterranean and Provence, the Esterel is a volcanic massif that stretches over 32,000 hectares, of which 14,000 hectares are protected sites. The surprising red colouring of the Esterel is due to rhyolite and red porphyry volcanic rock, dating from the Paleozoic Era. There are cycle routes, bridleways and walking routes.

A nature reserve in the heart of the massif

The National Forestry Commission and Ushuaïa have created a 800 hectare nature reserve with the aim of protecting and preserving the natural heritage of the Esterel and gaining a better understanding of, and managing, the dangers facing the plants and wildlife.

Nature trail

This footpath, suitable for both able-bodied and the physically disabled, is 2600 metres long and runs between the Anthéor plateau and Saint-Barthélémy's rock. Along the nature trail you will discover a selection of the typical plants of the Esterel, recognizable by their fragrance and texture. The nature trail is re-created every year from April to June (flowering season) and is made from mobile material in order to protect the landscape .

Sites Natura 2000

The town of Saint-Raphaël is committed to preserving the Esterel, which thanks to its wealth of natural resources has been made a Natura 2000 protected site. The Natura 2000 European network has been created to preserve the most precious natural habitats whilst maintaining the economic benefits and leisure activities of the region. The site measures a total of 15,000 hectares (7,800 hectares of land and 7,200 hectares of marine environment). As part of this project the authorities, with the help of local organisations, have created a management and conservation plan for the site.

Respecting the environment

In order to prevent forest fires, all types of fire or flame in forested areas are prohibited all year round. The authorities may block access to the massif in very strong winds.

Information 04 98 10 55 41

Vehicle access is prohibited between 9pm and 6am.

Suggested walks

THE BALADOU LOOP

Length : 2 hours/6km round-trip (3.7 miles)

Departure point : Col de Belle Barbe car park (in the heart of the massif)

How to get there : Take the coastal road towards Agay and when you arrive at the roundabout in Agay take the exit marked “Massif de l’Estérel”. Go under the small railway bridge and past the shops (bakery, boat and car repair...) then turn right onto a small road signposted “Massif de l’Estérel”. Follow signs for “Col de Belle Barbe” and when past it park near the commemorative stone.

Itinerary : Walk along the road until you reach the mountain bike track on your left. Continue until you get to a crossroads. At the crossroads turn right. The path then goes uphill for about 1km (0.62 miles). At the top of the hill keep on the left hand track and when you arrive at a fork in the track take the left-hand track (keep the road barrier on your right-hand side). Carry on for another 500m (0.3 miles) then turn right onto a path that leads to the road and continue until you reach the Col du Mistral. Take the wide track facing you and continue for 2km (1.2 miles) until you reach the Col du Balladou where you take the GR official hiking trail (marked with red and white) which runs down the hill on the right towards the Col d’Aubert (stone markers). At that point leave the GR hiking trail by turning right to go down to the small valley. You will come to a pleasant pond covered with water lilies. Follow the edge of the stream and walk along the bed for about 200 metres before returning to the path on the right. Go up the hill and you will see the road. Turn left onto the road to return to the car park.

Observations : Footpath not signposted. Rocky underfoot. Walking shoes recommended.



TOUR OF CAP ROUX

Length : 2.5 hours/5km round-trip (3.1 miles)

Departure point : Sainte Baume car park

How to get there : Take the coastal road towards Agay and when you arrive at the roundabout in Agay take the exit marked “Massif de l’Estérel”. Go under the small railway bridge and past the shops (bakery, boat and car repairs...) then turn right onto a small road signposted “Massif de l’Estérel”. Follow signs for “Col Notre-Dame” and park in the Sainte-Baume car park.

Itinerary : Go up the steps leading to the chapel in the rocks. Follow the path until you come to the fountain (drinking water). Take the path on the right and continue for 50m (55 yards) then take the path on the left that leads uphill. Follow the path for about 1.5km (0.9 miles) and at the crossroads take a sharp left and head uphill towards the red rocks of Saint Pilon col. From here you have an exceptional view of the rugged coastline. The path follows the coastline and comes to another crossroads. On the left there is a path (dead-end) that takes you 100 metres to the summit of Cap Roux (453m altitude with views from Cannes to Cap Camarat). Come back down the same path and turn left to continue your walk. You will head slightly downhill and away from the coastal side of Cap Roux towards the massif (don’t take the paths leading off to the right). You will arrive back at the fountain.

Alternative route : Just before coming back to the fountain there is a path on the left heading up the hill that leads to the Sainte-Baume Grotto where the Saint-Honorat hermit used to live (round-trip 45 mins).



Vehicle required

Not for beginners

Suitable for children



CAP DRAMONT

Car or bus number 8 (Camp Long bus stop)



Length : 1 ½ hours approx – 3km/1.9 miles (round-trip)

Departure point : Camp Long beach car park

How to get there : By car – Take the coastal road towards Agay until you arrive at the Dramont. Turn right when you see the sign “Tiki Plage” and park in the car park at the end of Allée Robinson. By bus – Get off at “Camp Long” and continue along the road until you get to the sign “Tiki Plage”. Turn right here onto the Allée Robinson and go to the car park at the end of the road.

Itinerary : Take the small coastal path (yellow markings). The path follows the contour of the rock and comes to an overhang. Continue uphill on the path towards the right as it gets narrower. At the top take the left hand fork. The path runs along the cliff tops with magnificent views of the coast. At the next crossroads turn left to take the path that heads downhill overlooking the sea. You will come to a tarmac road. Keep to the left and continue. You will soon be able to see the Ile d'Or. At the next crossroads turn right to return to the car park.

Observations : Rocky underfoot. Sports shoes recommended.



LE ROCHER ST BARTHELEMY



Length : 1 hour approx – 5.2km/3.2 miles (return trip) – Family with pushchair

Departure point : Rocher car park (in the heart of the massif)

How to get there : Take the coastal road towards Agay and when you arrive at the roundabout in Agay take the exit marked “Massif de l'Estérel”. Go under the small railway bridge and past the shops (bakery, boat and car repairs...) then turn right onto a small road signposted “Massif de l'Estérel”. Past the Gratadis forester's house turn right in the direction of “Pic de l'Ours”. At the next crossroads turn right towards “Rocher St Barthélemy, Plateau d'Anthéor”, then continue until you get to the barrier and park. Remember to leave the access road clear for fire engines.

Itinerary : Go past the barrier and follow the road for 2.6km/1.6 miles (approx 30 mins). The road is flat and closed to traffic. It overlooks the Corniche and offers excellent views over the sea. To return, simply retrace your steps.

Observations: Routes lacking in shaded areas.



Village Camping Douce Quiétude

★★★★★

Des vacances privilégiées

Dans la pinède de Valescure, au pied du massif de l'Estérel,
à 10 minutes des plages d'Agay et de Saint-Raphaël.

Des Mobiles-Homes et des chalets de premier choix. Equipements de standing :
terrasse, bain de soleil, téléphone (selon type), prise TV TNT.

En saison Douce Quiétude vous propose une animation de qualité pour toute la famille.

Formules hébergement selon vos envies (golf, plongée, Marineland...).

Possibilité de demi-pension et pension complète.



3435 BD JACQUES BAUDINO 83700 SAINT-RAPHAËL
TÉL. 33 (0)4 94 44 30 00 - FAX 33 (0)4 94 44 30 30
www.douce-quietude.com info@douce-quietude.com





Buggy driving

SSV Buggy

Discover the Esterel massif on a guided buggy trip. Open year-round (pre-booking required). Minimum age 18 years with driving licence and 12 years for the passenger.

Cap Estérel - Agay Tel. 04 94 52 40 40 sudconcept@dupratconcept.com

Estérel Adventure

Buggy trips: 2 hour guided buggy trips to discover the most beautiful views of the Corniche d'Or and go off-road to explore the Esterel. Several stops with commentary plus a stop in a cove for swimming (in summer). Conditions: Driving licence. Minimum age 10 years for the passenger. Year-round (pre-booking required)

Departure : 964 bd de la 36^{ème} division du Texas - Le Dramont
Tel. 04 94 40 83 83 www.esterel-aventure.com info@esterel-aventure.com



Assault course

Parcours aventure

"Discovery" or "panoramic" assault courses. 2 levels set in the exceptional surroundings of the Dramont lakes. Minimum height - 1.40m (4'8"). Open year-round (pre-booking required).

Tel. 04 94 52 40 40 sudconcept@dupratconcept.com



Walks & hikes



Themed tours throughout the year.
Day and night walks. Price: Adults - 16€, Children - 13€

Reservations at Saint-Raphaël and Agay Tourist Offices :
Tel. 04 94 19 52 52 / 04 94 82 01 85.

Marjorie Ughetto, "Autres regards"

Estérel Massif and throughout the Var region. Marjorie will help you discover the Mediterranean flora, edible plants, traditional uses of plants, aromatherapy, wildlife, wild orchids, geological history and the volcanoes of the Estérel. Marjorie is a professional nature guide. Tailor-made walks on numerous themes. 1 hour, half-day or full-day walks plus night-time walks and themed trips. Lectures, slide shows, debates, workshops and school outings from nursery to senior high. Open year-round.

Tél. 06 08 33 00 68 marjorie.provence@club-internet.fr www.autresregards.info

Ecoloisirs Développement

Gérard Olive. Naturalist, guide & lecturer. Nature walks and themed packages (flora, fauna, geology, land ecology, night walks, nature photography courses). Educational walks, Provence photo and film conferences, books and articles. Advice on eco-tourism development. Open year-round.

Tel. 06 60 96 14 00 ecoloisirs@wanadoo.fr
3892 Route de la Corniche Saint-Raphaël

Orogen Discover all aspects of geology



Opens the door to geology with walks in the Esterel Massif. Discover the secrets of these scarlet rocks and have fun at the same time thanks to the explanations of our certified geologist. Bring walking shoes, sun cream, a picnic and 2 litres of water per person. Open year-round for individuals, groups and school groups.

Tel. 07 60 71 17 86 orogen_contact@yahoo.fr http://orogen.e-monsite.com/

Contraste & Fusion



Discover the Var, the Lérins islands and the Verdon Gorge on a themed nature walk accompanied by a Natural Heritage guide. Exclusive : Official visit of the île Saint-Honorat (pre-booking required on 0609 732 332). Easy walks for individuals, families and groups. Open year-round.

Tel. 06 22 41 56 42 Antonioliijer@aol.com

Nordic Walking



Discover and enjoy the magnificent landscape of the Var all year round on a Nordic walk. Nordic walking is an energetic walk with two poles that uses 85% of the body's muscles. Get tips and advice from Julie Quesnoit, state-qualified sports coach. Suitable for everyone. Maximum 15 people. Individuals/groups. Open year round (pre-booking required). Poles can be borrowed if needed.

Tel. 06 37 55 05 02 coachjuliequesnoit@yahoo.fr

Balades Nature



Nature walks to discover the insects, plants and history of the Esterel Massif. Tailor-made walks year-round on request. Discover the world of insects and Mediterranean plants in the heart of the countryside with an enthusiastic guide. By Dr Sandrine Cheyppé: Doctorate in Biological Sciences (speciality in Environment and Agronomy), lecturer at Nice-Sofia Antipolis University.

Tel. 04 94 82 37 80 ou 06 64 61 72 64 cheypp@gmail.com



Mountain biking

Estérel Adventure



A mountain bike enables you to reach quiet, hard to get to places in total harmony with nature. 2 ½ hour trips for all levels accompanied by our state-qualified guide. Includes a stop for river swimming in the heart of the Esterel massif in summer. Mountain bike, helmet and water provided. Open year-round (pre-booking required).

Departure : 125 bd de la plage AGAY Tel. 04 94 40 83 83
info@esterel-aventure.com www.esterel-aventure.com



Electric fun

Electric Fun

Discover the Esterel and the Corniche d'Or coastline with our electric vehicles. We'll take you to the heart of the Esterel on a Segway or a Fun Bike. We offer 2 and 4 place car rental for an adventure along the coast or towards the Pic de l'Ours.

Tel. 09 75 39 89 71 - 06 24 71 86 19 info@amcazur.com www.amc-event.com



Driving tours

Découverte de l'Estérel



Explore the Esterel with Joseph, your Provencal guide. He will guide you through the Esterel and share with you his passion for the region. You will discover the mysteries of the forest behind the wheel of a 4x4.

At the end of the drive you will have the opportunity to taste local produce. Open year-round. Located in the Cap Estérel car park in Agay.

Tel. 06 09 09 73 90 joseph@decouvertedelesterel.com
www.decouvertedelesterel.com



Climbing

Camp 4



The vertical adventure. Climbing, abseiling and "via cordata" on the red rocks of the Esterel in the Dramont coves (year-round). "Via cordata" is a high ropes course over the sea, a mix between climbing and via ferrata. All the family can enjoy canyoning nearby (half or full-day).

Clear pools, jumps, slides and cool water! Supervision by state-qualified climbing and canyoning instructors with expert knowledge of the region. Adult beginners or advanced.

Tel. 06 62 240 214 contact@camp4.fr www.camp4.fr



Horse-Riding

Les 3 Fers - Horse-riding in the Esterel & Esterel Pony Club



The Esterel on horseback: horse riding in the Esterel for beginners and experienced riders. Pony Club: Pony riding lessons and courses for children and toddlers aged 2 years and above. Accredited French horse-riding centre and equestrian tourism centre. Open year-round. Reservation required.

277 rue du Débarquement - Le Dramont Tel. 06 85 42 51 50
info@les3fers.com www.les3fers.com

Ranch Estérel



Guided horse riding trips in the heart of the Esterel massif for beginners and experienced riders. Pony riding for young children and horse riding for children aged 12 years and above. Open from June to August.

Avenue des Golfs - Agay Tel. 04 94 82 89 47 ou 04 94 82 03 28
www.esterel-caravaning.fr contact@esterel-caravaning.fr



Leisure activities

Paint Ball



For families with children 8 years old and above and for adults aged 16 years old and above. The Dramont Paint Ball welcomes you all year round (pre-booking required). Groups and birthdays on request. Open year-round.

Lacs du Dramont Tel. 04 94 52 40 40 sudconcept@dupratconcept.com

Mini Golf



New: Enjoy the Esterel mini-golf with family and friends. Groups welcome (on request). Open year-round

Located opposite Cap Estérel's children's play area in Agay Tel. 04 94 52 40 40
sudconcept@dupratconcept.com

Archery



Try your hand at archery at the foot of the Esterel Massif (with an instructor). Open year-round (pre-booking required).

Located opposite Cap Estérel's children's play area in Agay Tel. 04 94 52 40 40
sudconcept@dupratconcept.com

Estérel Aventure



Treasure trail : Version I : "Les clés d'Agay" (the keys of Agay). A fun activity for all ages. Approximately 3 hours of challenges around the beautiful Agay bay. Solve the 7 stages of the puzzle and rise to the cultural, nautical and underwater challenges to find the code that opens the treasure chest!!

Version II : "Le Raid". All new challenge coming soon!! The adventure continues... Year-round (pre-booking required).

Departure : 125 bd de la plage - 83530 AGAY - Tel. : 04 94 40 83 83
www.esterel-aventure.com info@esterel-aventure.com



Golf courses

Saint-Raphaël is a golfers' paradise. Two 18 hole courses, one over a hundred years old, and two 9 hole courses offering a unique golfing experience. Several prestigious events are held here during the warm weather.

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GOLF DE L'ESTÉREL

This golf course was opened in 1989 and is located at the foot of the magnificent Esterel massif. It is a physically undemanding but technically challenging course. The Golf de l'Estérel is part of the BLUE GREEN chain. Open everyday.

Course : 18 holes over 5,852 metres (6,399 yards)

Handicap required : "carte verte" and licence compulsory

Pro-Shop : Tel. 04 94 52 68 30

The restaurant with terrace, offering regional cuisine, is next to the putting green. Tel. 04 94 52 68 42

The "Golf Académie" offers a 9 hole training course for younger players.

Course : 9 holes over 1,456 metres (1,592 yards). Beginners' course, no handicap required.

Academy : Tel. 04 94 44 64 65

745 Bd Darby - Tél. 04 94 52 68 30 www.bluegreen.com



GOLF DE CAP ESTÉREL / AGAY

Cap Esterel golf course overlooks the bay of Agay. Holes n°1, n°3, n°8 and n°9 have an exceptional view over the Mediterranean sea. A hilly course set in splendid surroundings with views of the Esterel and the bay of Agay. Whether you are a beginner or a more experienced golfer, the technical challenges of the course will give you the opportunity to learn and perfect your skills accompanied by qualified instructors.

Cap Estérel golf course is located within the Pierre & Vacances Village Club where there are also many other leisure activities on offer: 5 swimming pools, 7 restaurants, kids club, tennis, circus school etc...

Open every day. Closed from November to February.

Course : 9 holes

Length : 1,580 metres (1,727 yards)

Driving range : 35 covered stalls

Handicap required : "carte verte" or equivalent

Tel. 04 94 82 57 10 www.capesterel.com



GOLF DE VALESCURE

Established in 1895 by Lord Ashcomb, the Golf de Valescure, surrounded by umbrella pines, is the oldest course in the Var region and the 5th oldest in France. 5005 metres in length par 68 British-style course which offers several relatively short holes. These may seem easy at first sight but do not be fooled! The narrow fairways, difficult rough, numerous water obstacles and rather small greens make this course technically challenging and the right choice of club imperative. You must sacrifice length for precision.

Course : 18 holes

Driving range : 35 stalls

Pro-Shop : Tel. 04 94 52 85 09 - 06 12 77 91 66

Restaurant Tel. 04 94 52 85 03

Route des Golfs - Tel. 04 94 82 40 46 www.golfdevalescure.fr

Health & Well-Being

Les Bains de Cléopâtre

Luxury, Moroccan-style Turkish baths.
Treatments using 100% natural products for face and body.
Open from 10.30am to 7.30pm, Tuesdays to Sundays (by appointment only).

760, avenue de Valescure Tel. 04 94 53 37 50
info@lesbainsdecleopatre.com www.lesbainsdecleopatre.com

Zen Océane

Beauty salon and health spa. Turkish baths, infra-red sauna, body scrub in affusion showers. **Massages** : Californian, hot rock, ayurvedic, Balinese, Shiatsu, Hypotenuse, Thai, Shirodhara, Tantric, emotional, by candle light, heated shells, Siam, Swedish, Imperial, black diamond and Argan oil. Slimming treatments: Icoone, BodySculptor, Vénus New Life, Starcac, LPG, anti-aging facial lift, Powerplate, running machine, Zen Smile teeth whitening. Energising treatments, Tui Na, Dien Chan, facial and foot reflexology, digitopuncture, relaxation, sophrology, coaching. Conflict and stress management.

1479 Avenue de Valescure - Résidence les Palmiers
Tel. 04 94 95 27 33 zendoc@orange.fr www.zenoceane.fr

Tao

Beauty treatments, well-being and relaxation, thermal spa and Turkish bath. Treatments for women and men, couples and organic treatments. Gift vouchers and gift ideas.

Bd Jean Moulin - Immeuble Forme & Beauté - ZAC Les Genets
Tel. 04 94 53 74 97 www.taomaisondebeaute.fr

Spa Hotel du Golf

In a leafy Mediterranean garden our professional team of beauty therapists offers a wide range of treatments in state-of-the-art surroundings. Cacao modelling, Siam massage...Polynesian Ritual, Dead Sea salts ritual, golfer's reward ritual... Foot reflexology. Citrus essential oils shower, Turkish bath, sauna, whirlpool bath. Facial treatments, waxing and manicure/pedicure. Sun terrace onto the garden.
Open to everyone, year-round (appointment required).

55, Ave P. L'Hermitte Tel. 04 94 52 85 00 info@valescure.com

Estérel Forme

Thalgo marine treatments, spa, beauty treatments, Turkish bath and heated pool. Open from February to November 9am to 1pm and 2pm to 7pm.

Cap Estérel-Agay Tel. 04 94 82 52 34
info@esterel-forme.com www.esterel-forme.com

Corpsessence

Health and beauty spa using new organic products. New: "5 Mondes" organic products and organic essential oils with tailor-made scents, organic massage waxing, organic body treatments, several slimming treatments with Cellu M6, body wraps and tailor-made treatments.

955 avenue du Gratadis - Agay - Tel. 04 94 19 23 72

Health & Well-Being Fair 5th to 8th April 2013

Palais des Congrès.
4days to learn a new "art de vivre" and discover
Health & Well-Being in all its forms.

NEW FOR 2013

Dedicated area for Mediterranean
thalassotherapy retreats

Over 100 exhibitors representing :

- Health, fitness and beauty
- Personal development
- Diet and nutrition
- Natural cosmetics
- Literature, music and magazines
- Therapeutic accessories
- Healthy lifestyle
- Organic producers and restaurants

Conferences and workshops

Entry : 6€ www.salonbienetre.fr



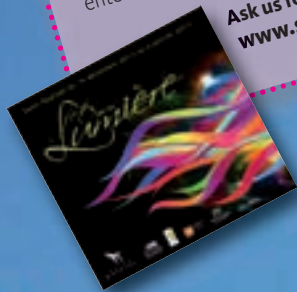
Festivals

Festivals of light - December

Seasons Greetings!

Saint-Raphaël moves to the rhythm of parades, illuminations and the end of year celebrations. The town centre and major sites are tastefully illuminated. You will be surprised by the originality of the displays: parades, light shows, sea-front Christmas village, ice-skating in the centre of town, concerts and children's entertainment.

Ask us for a brochure.
www.saint-raphael-lumieres.com



Carnival Festival 10th to 17th February 2013

• **Sunday 10th at 3pm** "Un univers bestiaire" by the XARXA company. A magical moment when mythical cave and sea creatures and creatures from the heavens mix with people to share the carnival festival... The festival, full of extraordinary animals, moves along the Mediterranean coast.

• **Sunday 17th** **Agay Flower Festival**

• **Coach trips** to the Tanneron Massif and visit to the hothouses

• **Mimosa-themed walks & hikes** in the Esterel Massif

Ask for the brochure.

The programme may be subject to change.

www.saint-raphael-carnaval.com

La Route du Mimosa January to March 2013

This scenic route stretching over 130km (80 miles) is the symbol of the Riviera in wintertime and is best enjoyed between January and March.

The eight towns that make up the route

• Bormes-les-Mimosas • Le Rayol-Canadel • Sainte-Maxime
• Saint-Raphaël • Mandelieu la Napoule • Tanneron
• Pégomas • Grasse

offer many varied events: walking tours, tours of the hothouses, excursions, "corsos fleuris" parades and carnivals.

Ask us for the map.





CALENDAR 2013

Fairs

- HOUSE & HOME 1st to 4th March
- HEALTH & WELL-BEING 5th to 8th April
- MINERALS & FOSSILS 26th & 27th October
- WEDDING 2nd & 3rd November
- FINE FOOD & DRINK 29/11 to 02/12

Traditions - Heritage

- SAINT-HONORAT FESTIVAL April
- SAINT-BAUME FESTIVAL May
- SAINT-PIERRE FESTIVAL August
- HERITAGE DAY (Journée du Patrimoine) 14th & 15th September
- SAINT-RAPHAËL FESTIVAL October

Sporting events

- SAINT-RAPHAËL TRIATHLON April
- ELEGANT CAR SHOW April
- FRENCH SWIMMING CHAMPIONSHIPS April
- WATER SPORTS FESTIVAL May
- UNDER-WATER PHOTOGRAPHY TROPHY May
- PRO-AM VALLIS CURAN June
- VAR HIKING WEEK October

Festivals

- CARNIVAL FESTIVAL 5th to 8th February
- COMEDY FESTIVAL September
- EUROPEAN CINEMA WEEK October
- FESTIVALS OF LIGHT December

Music

- JAZZ FESTIVAL July
- VOICES OF THE SACRED AND THE PROFANE FESTIVAL July
- SAINT-RAPHAËL CHAMBER ORCHESTRA SUMMER CONCERTS July & August
- STRING QUARTET FESTIVAL - PAYS DE FAYENCE October

The programme may be subject to change.

Information :

- Tourist Office Tel. 04 94 19 52 52
- Palais des Congrès Tel. 04 94 19 84 11
- Cultural Centre Tel. 04 98 11 89 00

Fun for all the family



Theme & Leisure Park

Luna park - Fréjus

Rides for children and adults. Open every evening from June to September from 8.30pm and from 5pm to 1am on Sundays.

D559 quartier Le Capou 83600 FRÉJUS Tel. 04 94 51 00 31
www.lunapark-frejus.com

Aqualand - Fréjus

"The largest water park on the French Riviera". Water activities for all the family : slides, wave-pool... Restaurant, shady areas for relaxing, shop, area for sunbathing (sun loungers for hire), all of this amidst lush greenery. Qualified staff on-hand to help and supervise all pool areas.

Groups welcome (30 people) by reservation only. Open from beginning of June to beginning of September.

Quartier Le Capou 462 D559 83600 FREJUS Tel. 04 94 51 82 51
www.aqualand.fr Accès : A8 sortie 38 puis direction Saint-Tropez
Tickets available at the Tourist Office of Saint-Raphaël

Marineland & Parks

The entry ticket for Marineland is valid for all of the day's shows. One of a kind in Europe :

- Dolphins, killer whales, sea lions.
 - 30m long shark tunnel with panoramic viewing window.
 - Meet and touch the dolphins (price: 69€/person with VIP area access included) and the sea-lions (price: 29€/person with VIP area access included).
- These attractions are subject to special conditions, please ask us for more information.

Parks : Aquasplash, Far West Farm, Adventure Golf. Tickets for a combination of parks available.

Information and tickets : www.marineland.fr
306 avenue Mozart 06600 ANTIBES Tel. 0 892 30 06 06 (0,34€mm)

LabyFolies 2 parks in 1



LabyFolies is a labyrinth of climbing plants full of games and fun challenges. It's also the "Village des Fous", a new area of crazy activities: tree sledges, extravagant tree houses, a huge slide, giant inflatables...

Open from the Easter holidays (zone B) until mid-November.

- Price : 9,50€ children aged 4 to 11 years.
11,50€ adults and children aged 12 and above.

2559 Route de Grasse VILLENEUVE LOUBET Tel. 04 92 02 06 06 / 06 71 93 23 50
www.labyfolies.com

Le cabanon enchanté

"The enchanted cabin" offers a quad track, little train, electric cars, bouncy castle, mini-golf and pony rides. Open Wednesdays, Saturdays and Sundays, bank holidays and school holidays from 10am to 7pm (in summer) and from 10am to 5pm (in winter).

• Price : 2€ to 14€
Plaine de Bourdon RN7 83910 POURRIÈRES Tél. 04 94 78 43 15



Assault courses - Mini Quad Mini electric cars

Junior City



A whole world for children. Try driving on a track: mini-electric cars for children from 3 years and mini-quads for children from 6 years. Groups and birthdays welcome on request. Open year-round.

Located in the Cap Estérel car park, Agay - Tel. 04 94 52 40 40
sudconcept@dupratconcept.com

Oxygène Evasion



Come and discover our adventure park located in 20,000m2 of pine forest. There are several high ropes courses waiting for you: easy and fun for the children up to very challenging for adults. Other attractions include: inflatables, children's assault course, snack and drinks bar, picnic area, private cabins...

- Price : 12€ for 1m+ • 17€ for 1.30m+ • 19€ for 1.50m+.

Open Wednesdays, weekends, bank holidays and school holidays.
Booking advised

Chemin des Vernèdes PUGET SUR ARGENS Tel. 06 46 09 24 03
www.oxygeneevasion.fr

Le Jardin de César et Léonie



Assault course, zip lines, monkey bars, crossings...

- Price : from 10,50€ to 19€.

Le ranch du Jardin 8€ to 65€ Evening riding every Friday in summer exclusively for experienced riders. Tel. 06 12 07 73 38. Open from Easter to end Oct/beg Nov and in winter by pre-reservation only.

4, chemin du Jas de la Paro 83490 LE MUY
Tel : 04 94 45 11 43 / 06 86 87 82 36 www.cesar-et-leonie.fr

Aoubre, l'aventure nature



Ropes course up to 15m high in the trees. Discover nature with animals, a small farm, paths and orienteering courses over 30 hectares.

• Price : 11,50€ to 19,50€ or 6€ for entry without the ropes course. New! Butterfly garden (guided tour - 3,50€ - pre-booking required). Open year-round except January.

Parc des cèdres 83340 FLASSANS SUR ISSOLE
Reservations Tel. 06 12 58 02 26 www.aoubre.fr.





Activities for kids :
arts & crafts,
treasure hunt, circus
school...
Ask us for a free guide!



Museums

Musée de la glace

Visit the ice museum and find out about the making, marketing and use of ice across the world, using examples from the glaciers in the Sainte-Baume massif. Open every day from June to September (except Mondays) from 9am to midday and 2pm to 7pm. Open Sundays only from October to May from 9am to midday and 2pm to 6pm (and during the week for pre-booked groups only). • **Price :** 2,50€ per person (free for children under 6)

Hameau du Château 83136 MAZAUGUES Tel. 04 94 86 39 24 <http://museedelaglace.free.fr>

Gorges du Verdon Prehistorical Museum

• **Permanent and temporary exhibitions** - Prehistoric herd.

Price : Adults 7€ - Children 5€ Free for children under 6 years old.

• **Prehistoric village activities**

Price : 4€, Children (from 6 years) 3,50€ [pre-booking required]

• **Baume Bonne guided cave tour**

Price : Adults 4€ - Children (from 7 years) 3,50€ [pre-booking required]

• **3rd week-end of July :** Prehistory Day

Route de Montmeyan 04500 QUINSON Tel. 04 92 74 09 59 www.museeprehistoire.com

Oceanographic Museum and Aquarium

Aquariums, exhibitions, games and relaxation...The Oceanographic Museum opens the door to marine life: Natural History collection aquariums, shark lagoon and Turtle Island on the panoramic patio. Open year-round except on the day of the Formula 1 Grand Prix.

• **Price :** 14€ adults, 10€ young people and students, 7€ children, free for under 4's

Ave Saint-Martin Parking des Pêcheurs MC 98000 MONACO Tel. +377 93 15 36 00
www.oceano.org www.facebook.com/OceanoMonaco www.twitter.com/OceanoMC



Zoos & Animal parks

Village des tortues

The tortoise village is a treatment, observation and conservation area for more than 2000 tortoises and turtles. Guided tours at 11am, 3pm, 4pm and 5pm. Open every day from 9am to 7pm.

• **Price :** 8€ 5 to 16 years - 12€ adults. Free for the under 5's
Discount for groups and for people with a disability.

On the road to Saint-Tropez 83590 GONFARON Tel. 04 94 78 26 41
www.villagetortues.com

Jardin zoologique

Bird and botanical garden with an exceptional collection of tropical birds and plants plus lemurs, monkeys and kangaroos.

Open from 1st June to 30th September 9am to 7pm and from 1st October to 30th May from 2pm to 6pm. • **Price :** Children 5€ - Adults 9€

RD 559 83250 LA LONDE - Tel. : 04 94 35 02 15 www.jotropico.org

LIDO multi-screen cinema

• **A total of 7 screens with tiered seating and air-conditioning.**
3 screens adapted for 3D films. Accessible for wheelchair users and induction loops for the hearing impaired. Snack bar.
• Underground parking. Open every day

Avenue Victor Hugo www.cinemaslido.fr www.allocine.fr



Nature areas

Base Nature "Francois Léotard" - Fréjus

Swimming pool, 2 stadiums, play area, roller-blading track, skate park, BMX. Available to rent : fun buggies for children from 2 to 6 years old. Try a Segway PT, bike, scooter, baby tricycle or tandem. Open all year. Tel. 04 94 51 91 10

Fun CITY - A city for kids

Explore our 2300 m² indoor fun area and discover its original décor, educational material and even a herd of life-size dinosaurs, including 2 moving dinosaurs! Play areas specially adapted for each age group: Baby corner, Games for under 3's, Games for over 3's, Inflatables, Electric karts, Climbing tower, Trampolines... 3D cinema, 12 hole indoor mini-golf, High ropes course and Mini bowling. Food available at the Fun Café.


RD 37 - ZAC St Pons 83600 Fréjus Tel. 04 94 83 65 53

Minigolf Beurivage

18 hole sea front course surrounded by palm trees and tropical plants. Car park nearby: 300 spaces. Open everyday in high season. • **Price :** 6,50€ children 11 years and under - 8€ Children 12 years and above and adults

Bd du Général de Gaulle Tel. 06 24 20 16 61

French Circus School

 Under a specially-designed marquee, children aged 4 to 14 years can discover the five main circus disciplines supervised by international-level artists: trapeze, juggling, trampoline, tight rope and acrobatics. Weekly show. Open Monday to Saturday in July and August. Pre-booking strongly recommended.

Information : Tel. 06 73 30 58 78 www.ecolefrancaisedecirque.com

Parc Phoenix

7 hectare park: Themed gardens, animal corner and a greenhouse recreating 6 tropical climates housing an aviary of nocturnal birds of prey and parrots. Ray touch pool and aquariums. Crocodile enclosure, otter pool, prairie dogs, porcupines and wallabies. Open from 1st April to 30th September 9.30am to 7.30pm and from 1st October to 31st March 9.30am to 6pm. • **Price :** 2€ Free for the under 12's

405 promenade des Anglais 06200 NICE Tel. 04 92 29 77 00 www.parc-phoenix.org



www.aqualand.fr Ouvert du 15 juin au 8 septembre 2013

Flavours & Colours...

Guided tours year-round

alternate Thursdays >>> Length: 2h Price: 3€

- **“From the old town to the seaside resort”** From the medieval village to the elegant “Belle Epoque” seaside resort, a thousand years of history are brought to life in this guided tour through the streets of Saint-Raphaël.
- **“Flavours and discoveries”** Discover the culinary, cultural and historical charms of the old town on this mouth-watering guided tour. Get a real taste of the Mediterranean: olives, oils, tapenade and the delicious Tarte Tropézienne. Meet producers from Saint-Raphaël and learn about their local traditions and expertise.

Occasional guided tours

- **“The megaliths of Saint-Raphaël”**
Discover the menhirs and dolmens of Valescure
- **“The Belle Epoque of Saint-Raphaël”**
A tour of Saint-Raphaël’s most elegant villas

Reservations, dates and information
Tourist Office Tel. 04 94 19 52 52




CHATEAU SAINTE ROSELINE
SITE CLASSÉ - CRU CLASSÉ


hors du temps

Dégustation gratuite
Visite gratuite des caves à 14h30

Journées à thème, concerts, mariages, séminaires.
Ouvert 7j/7 • Visite libre de la Chapelle communale :
Le corps de Sainte Roseline, les œuvres de Chagall, Giacometti, Ubac et Bazaine.

Les Arcs sur Argens Tél. 04 94 99 50 30 www.sainte-roseline.com
à 20 min. de Saint Raphaël

L'ABUS D'ALCOOL EST DANGEREUX POUR LA SANTÉ - A CONSOMMER AVEC MODÉRATION

2013
FRAGONARD célèbre
le Muguet
Fragonard and the Lily of the Valley



L'USINE HISTORIQUE : 200 Chemin de la Grasse • LA FABRIQUE DES FLEURS : F-06130 Grasse •
LE MUSÉE PROVENÇAL DE COSTUME ET DU BIJOU : F-06130 Grasse • LE MUSÉE JEAN-
HONORÉ FRAGONARD : F-06130 Grasse • L'USINE LABORATOIRE : F-06360 Eze-Village •
LE MUSÉE DU PARFUM : F-75009 Paris • LE THÉÂTRE-MUSÉE DES CAPUCINES : F-75002
Paris • www.fragonard.com • T. +33 (0)4 93 36 44 44 • www.fragonard.com

Fragonard



Markets in Saint-Raphaël

Food markets

- Place Victor Hugo : every morning except Mondays
- Place de la République : every morning except Mondays
- Place de la Poste à Boulouris : Monday mornings
- Place Giannetti à Agay : Wednesday mornings

Fish market

- Vieux Port (Old Port): every morning from 7.30am

Flea market

- Place Coulet : every Tuesday
- Agay sea front: 1st Friday of the month (except July and August)

Summer late-night markets (July & August)

- Every evening: Sea front
- Friday and Saturday evenings : Agay sea front
- Every Wednesday : Cap Estérel

Marché artisanal

- Every Sunday and bank holiday on the Vieux Port (old port).

Markets nearby

FRÉJUS

- Every Wednesday and Saturday morning Historic Town Centre
- Sunday mornings - Sea front

LE MUY

- Large Provençal market on Sunday mornings - Main square

SAINT-TROPEZ

- Market on Tuesday and Saturday mornings – Place de Lys
- 💡 Don't forget that you can take the boat from April to October or bus number 7601

NICE

- Flower market everyday except Mondays - Cours Saleya
- 💡 Don't forget that you can take the train

VINTIMILLE (Italy)

- Fridays - Sea front
- 💡 Don't forget that you can go by coach or train

SAN REMO (Italy)

- Saturdays – Town centre
- 💡 Don't forget that you can go by coach or train

CLOS DES ROSES
VIGNOBLE D'ÉLÉGANCE

VIGNOBLE - ÉVÉNEMENTS - HÔTEL - RESTAURANT

- * Ouvert tous les jours durant l'été (sauf périodes de lundi au samedi)
- * Visite cave avec parcours pédagogique en accès libre
- * Vente & dégustation des vins du domaine

www.clos-des-roses.com 11000 - FRÉJUS - Direction Assemblée A1
Tél. 04.94.52.80.51

1 LITRE D'ALCOOL 85% V/V DÉGUSTÉ POUR LE SAINT-É. CONFORMES AVEC MODÉRATION

La Brasserie
TRADITION & GOURMANDISE

4, avenue de Valescure (angle rue M.Allongue)
83700 Saint-Raphaël **Tél. 04 94 95 25 00** Labrasserietsg.fr

Useful Information

EMERGENCY SERVICES

- Fire, ambulance and rescue services : 18
- Emergency doctor : 04 94 95 15 25
- Police : 17
- AIDS info service: 0800 840 800
- Emergency vet : 04 94 51 51 47 (after 7pm and on Sundays and Bank Holidays)
- Anti-poison help centre : 04 91 75 25 25
- Lost property office : 04 94 82 15 03

ADMINISTRATIVE SERVICES

- Town Hall. Place Sadi Carnot : 04 94 82 15 00
- Municipal Police. Avenue de Valescure : 04 94 95 24 24
- Police Station : Rue de Triberg à Fréjus : 04 94 51 90 00
- Chamber of Commerce : Place P. Couillet : 04 98 11 41 30
- Post Office. Av. Victor Hugo : 04 94 19 52 00
- Young Person's Information Centre : Place Galliéni : 04 98 11 89 75
- Cultural Centre : ticket office, library, exhibition centre Tel. 04 98 11 89 00 (closed Mondays and Sundays)

TRANSPORT

- **Bus** : Varlib services: fixed price of 2€ linking the main towns of the Var : Draguignan, Saint-Tropez, Fayence...
www.varlib.fr Tél. 0 810 006 177

TRAIN

- **TGV train station Saint-Raphaël-Valescure**
Information for SNCF Voyages rail connections : www.sncf.com
By telephone : 36 35 for TER PACA
Stations: Boulouris - Le Dramont - Agay - Anthéor Cap Roux - Le Trayas
www.ter-sncf/paca



Contact TER on 0 800 11 4023

Calls free from landlines

TAXIS association "Taxis de Saint-Raphaël"

- Central Radio Taxi Tel. 04 94 83 24 24
- Boulouris Tel. 06 09 52 32 24
- Agay M. Maréchal Thierry Tel. 04 94 83 70 64
- Estérel Taxi Tel. 06 09 52 12 35

The "Taxis de Saint-Raphaël" association also offers personalised transport services by reservation

TAXI-MOTO

- France Driver: Patrick Guerard. Tel. 06 18 777 507

AIRPORT TRANSFERS

- Airport Transfer Service by minibus www.a-t-s.net
- Van-services : Tel. 04 94 44 62 97 www.van-services.com
- Central Radio Taxi Tel. 04 94 83 24 24
- Eco Shuttle Network www.ecoshuttlenetwork.com/fr Tel: 04 94 54 62 24
- Société Azur Transports : Tel. 06 66 58 09 87
- Bus Aéroport : Tel. 0 810 006 177

RENTAL SERVICES

2 wheels

- Patrick Motos : 260 Av. du Général Leclerc Tel. 04 94 53 65 99
- Atout Cycle : 330 Bd Jean Moulin Tel. 04 94 95 56 91
- Estérel Aventure : 125 bd de la plage AGAY Tel. 04 94 40 83 83
- Riviera Evasion : 60 av des claires Tel. 04 94 40 51 49

Cars

- AVIS. 190 Place Pierre Couillet Tel. 04 94 95 60 42 www.avis.fr
- BUDGET. 123 Av. de la gare Tel. 04 94 82 24 44 www.budget.fr
- HERTZ. 32 Rue Waldeck Rousseau Tel. 04 94 95 48 68 www.hertz.fr
- ADA. Hall gare SNCF Tel. 04 94 95 01 83 www.ada-location.fr
- EXPRESS CAR. 52 Place Couillet Tel. 04 94 83 71 08
- EUROPCAR. 54 Place Couillet Tel. 04 94 95 56 87 www.europcar.fr
- NATIONAL CITER. 20 Rue Waldeck Rousseau Tel. 04 94 19 20 06 www.citer.fr
- SIXT. Rue Waldeck Rousseau Tel. 04 94 16 61 64 www.sixt.fr



Free guides available at the Tourist Office

- Accommodation guides
- Holiday rental guide
- Maps: Saint-Raphaël/Fréjus
- Shops and restaurants guide
- Leisure activities brochure

Ce guide édité à 40 000 exemplaires a été réalisé sous l'égide de l'Office du Tourisme et des Congrès. Conformément à la jurisprudence, la responsabilité de l'Office de Tourisme de Saint-Raphaël et de l'éditeur ne peut être engagée en cas d'erreurs ou omissions involontaires, malgré les soins, contrôles et attentions portés à la confection de ce guide. Document non contractuel.

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DESTINATION PRÉSERVÉE ENTRE CANNES ET SAINT-TROPEZ

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L'ESTÉREL

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STATION BALNÉAIRE

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PORTAIL TOURISME : WWW.ESTEREL-COTEDAZUR.COM

ESTEREL CÔTE D'AZUR



Le service de réservation de l'Office de Tourisme



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- ▶ Un interlocuteur unique pour plus de 186 hébergements
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- ▶ Réservation immédiate et gratuite
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PLUS DE 186
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Vos loisirs à prix malins : Plus de 80 tarifs négociés
240 activités sélectionnées pour vous

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▶ www.ecazur.mobi



Contactez nous

par téléphone au

▶ +33 (0)4 94 19 10 60

ou par courrier

▶ 72 rue Waldeck Rousseau
83700 Saint-Raphaël

Au cœur de Saint-Raphaël, un lieu légendaire qui...

Distribue du sourire depuis 1881

Parfaitement situé Square de Gand au cœur de Saint-Raphaël, le Casino Barrière divertit ses clients depuis 1881 !

Découvrez un complexe original, vous proposant bar, terrasses, salles de jeux, spectacles et un restaurant avec vue sur le Vieux Port. Diners musicaux, déjeuners express, soirées de gala, le Casino Barrière de Saint-Raphaël offre une grande diversité d'animations, un grand choix de machines à sous et de jeux de table. Venez vous divertir dans un lieu légendaire... Nous distribuons du sourire depuis 130 ans !



Casino Barrière
Saint-Raphaël

SQUARE DE GAND • OUVERT TOUS LES JOURS DE 10H00 À L'AUBE • TÉL 04 99 111 777 • 844 PLACES DE PARKING FACE AU CASINO
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18+

Jouer comporte des risques : endettement, dépendance... Appez le 09 74 75 13 13 (appel non surtaxé)

confort
tranquillité
gastronomie repos

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